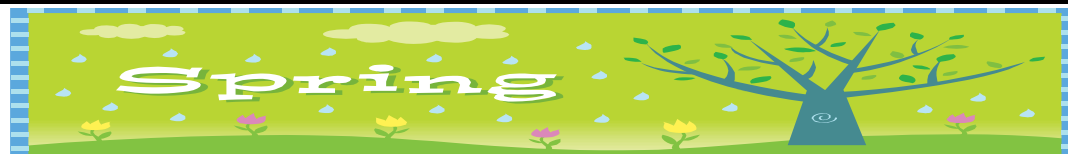




CCHA NEWSLETTER

CARROLL COUNTY HOUSING AUTHORITY

Volume V, Issue V
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TENANT HOUSING RESPONSIBILITY

During my review with each tenant in February for the annual lease renewals, it occurred to me that not all tenants realize their responsibility of living in Public Housing. Each person who becomes a tenant in a Public Housing Unit has responsibilities in which the tenant is expected to follow. Examples of these responsibilities is: paying your rent on time, providing the housing office with required information; such as monthly paystubs, proof of income, proof of auto insurance, notification of a job change or job termination. Other responsibilities include: maintaining a clean unit, advising the housing office of needed repairs and being a good neighbor to all other tenants and guests. Too often we take for granted the opportunities and items we are given that we have not personally worked and sacrificed for. The public housing unit that you live in belongs to the Carroll County Housing Authority, you are just "borrowing" the unit and therefore all rules and regulations need to be read, understood and followed. The housing authority staff and Board of Directors make up only a part of the Carroll County Housing Authority. You, the tenant is the most important aspect of why we are all here. Yet as a tenant you have the responsibility to make your housing authority a place of respect and pride. Make sure you do your part.

Looking for a career change? The Carroll County Housing Authority has teamed up with FurstStaffing Employment Agency in Stockton, Illinois. FurstStaffing will work with all tenants in locating job opportunities in the area. Call Marci Schubert at 1-815-656-4490 or apply on-line at www.furststaff.com.

Spring Clean-Up Time! The Carroll County Housing Authority will be taking all bulk items from March 25-27th. Contact the housing office at 815-273-7081 to have your items picked up.



GREEN EGGS & HAM SANDWICHES RECIPE

INGREDIENTS

- * 4 eggs
- * 1/4 cup fat-free milk
- * 3 tablespoons prepared pesto
- * 4 whole wheat English muffins, split and toasted
- * 2 slices deli ham, halved
- * 4 slices reduced-fat provolone cheese

DIRECTIONS

- * Heat a 10-in. nonstick skillet coated with cooking spray over medium heat. Whisk the eggs, milk and pesto. Add to skillet (mixture should set immediately at edges.)
- * As eggs set, push cooked edges toward the center, letting uncooked portion flow underneath. When eggs are set and top appears glossy, remove from skillet and cut into quarters.
- * On each English muffin bottom, layer ham, eggs and cheese. Replace tops.
- Yield:** 4 servings.

DAYLIGHT SAVINGS TIME...



Just a reminder.... set your clocks ahead one hour on **Sunday, March 8th**. Daylight Savings Time is the practice of advancing clocks during the lighter months so that evenings have more apparent daylight and mornings have less.

SUPPORT YOUR COMMUNITY.... SAVANNA FIRE DEPARTMENT'S ANNUAL PANCAKE BREAKFAST

Sunday, March 29th at the Fire Station
7:00 a.m. - 1:00 p.m.

\$4.00 Donation (6 and under free)



Pancakes
Sausage
Eggs
Hash Browns

* Proceeds will go towards the purchase of new fire equipment!

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*"St. Patrick's Day is an enchanted time. A day to begin transforming winter's dreams into summer's magic."
- Adrienne Cook*

CCHA MONTHLY HAPPENINGS:

- BINGO (Mest Manor)
Monday, March 9th & 23rd
1:00p.m. (All Tenants Welcome)
- Board Game/Card Club
Saturday, March 14th
6:30p.m. (Mest Manor)
All Tenants Welcome
- Policy Committee Meeting & Regular Board Meeting
Tuesday, March 17th
1:30 p.m. & 2:00 p.m.
(Mest Manor Dining Room)
- Pest Control (All Units)
Friday, March 20th
Beginning at 9:00 a.m.
- Tenant Meetings
Wednesday, March 25th
10:00 a.m. & 3:00 p.m.
(Mest Manor - Dining Room)
Thursday, March 26th
2:30 p.m. (Maple Lane)
- Quarterly Unit Inspections:
Tuesday, March 31st
Beginning at 12:30pm
(Mest Manor Units **Only**)
- Tenant Potluck (Mest Manor)
Tuesday, March 31st





MARCH BIRTHDAYS

Jayne Anderson	3
Mildred Wells	4
Michelle Thulion	13
Rachael Collins	14
Jordan Adams	14
Laikyn Lawrence	14
Don Ermel	16
Ruth Ermel	17
Anthony Biasi	20
Donald Dixon	21
Mark Karsten, Jr.	29
Margaret Mullen	29



CARROLL COUNTY HOUSING AUTHORITY

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CCHA Board Members
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Peg Haffey, Vice-Chairman
Ruth Kelly, Treasurer
Shawn Picolotti, Commissioner
Connie Zink, Commissioner

CCHA Staff
Ed Bochniak, Executive Director
Patty Acree, Administrative Assistant
Chad O'Neill, Maintenance Lead
Terry Koser, Maintenance Assistance

Mission Statement
The Housing Authority of the County of Carroll is committed to providing quality, affordable housing that is decent and safe, to eligible families in this community. We endeavor to instill pride and desire for an enhanced quality of life for our residents and their families. We are committed to serving our residents and this entire community in a manner that demonstrates professional courtesy, respect, and caring.



KICK OFF NATIONAL NUTRITION MONTH

Even though this March may feel like it's the winter that never ends, it is time to start focusing on nutrition and bringing that under-the-blankets body back to life! Below are a few tips for keeping nutrition top of mind for your family.

- 1. Have meals together.** Research shows that families who eat meals together tend to eat healthier and children are less like to be overweight. As children become teens, it is also been proven to be a good way to stay engaged in their lives and prevent other bad habits like drug and alcohol abuse.
- 2. Set a realistic goal.** Does your husband work nights? Then make a point to have breakfast as a family. Do sport and afterschool activities dominate the week? Then make Sunday night dinners a household tradition - TV off and table set!
- 3. Expose them to different foods.** Kids are hesitant of new things, including food. So if they reject a certain vegetable or protein the first time you present it, don't give up, that's a normal response. Keep exposing them to it and eventually it won't be new anymore and they will be more likely to accept it as part of a well-balanced diet.
- 4. Stock the house with healthy options.** As household grocery shopper, you are, for the most part, the gatekeeper controlling what foods your child eats. Simply leave the chips and cookies at the store and stock up on fruits and low or nonfat dairy products. As a family, look through the ads to plan your menu. Yes, they may still have access to grandma's cookie jar on occasion, but that's okay. By stocking up on healthy choices, your child will eventually learn to make smart food decisions all on their own.
- 5. Have your own exercise routine.** Kids are always watching and they many not understand the importance of exercise if they don't see you doing it. Pick up some fun activities you can do with your child, like going for a bike ride, renting kayaks or go indoor rock climbing.

SHS PRESENTS, REMEMBERING THE REAL ST. PATRICK

MARCH 17TH - 3:00 PM & 7:00PM
SAVANNA MUSEUM & CULTURAL CENTER
406 MAIN ST., SAVANNA



The Savanna Historical Society presents Remembering the REAL Saint Patrick, an Irish Dance program and short talk by the Step Back in Tyme Historical Dance Club. This entertaining program will focus on who St. Patrick really was and some interesting history of the Emerald Isle.

There will be performances at 3:00 p.m. and again at 7:00 p.m. on Tuesday, March 17th at the Savanna Museum and Cultural Center at 406 Main Street. Admission is free, a \$5.00 donation is appreciated. Sweet treats and traditional green punch will be served by the Events Committee of the Savanna Historical Society.

Step Back in Tyme Historical Dance Club from Kalona, Iowa was founded 7 years ago when women in the Evans family started taking dance lessons. Within three weeks, the daughters excelled at Irish Step dancing and soon were asked to perform at various concerts, parades and festivals. What started out as a lark, turned into dedicated performances as daughters Rachel, Sarah and Hannah started their own Irish Dance Classes in 2014.

NOTE CCHA TENANTS: If you are interested in attending the 3:00 p.m. performance and **do not** have transportation, please stop in the CCHA office to sign up. We will be scheduling complimentary transportation through the Carroll County Transit.