



# CCHA NEWSLETTER

**CARROLL COUNTY HOUSING AUTHORITY**

Volume V, Issue VIII  
JUNE 2015



## INSIDE THIS ISSUE:

CCHA WEBSITE	1
FANCY FRUIT PIZZA RECIPE	1
SUMMER BEGINS	1
NAT'L FRESH FRUIT & VEGETABLE MONTH	2
THANK YOU!	2
FATHER'S DAY HUMOROUS STORIES	2

*"A father carries pictures where his money used to be."  
- Author Unknown*



## CARROLL COUNTY HOUSING AUTHORITY WEBSITE

The Carroll County Housing Authority is excited and proud to announce the launch of our new website located at [www.carrollcountyha.com](http://www.carrollcountyha.com). The site includes a lot of helpful information for our current residents, applicants, and the general public.

Some of the highlights include: Important news and announcements, monthly happenings, housing descriptions for each of our three housing developments, online application, waiting lists, policies, newsletters, board meeting minutes, and links to community and social services. Whether you are a current resident looking for a certain housing authority policy, an applicant looking to apply for housing, or a member of the general public wanting to know what CCHA has to offer, our website provides a clear and easy-to-navigate presentation of useful information for everyone. Please visit the site and keep checking in for more information as there are more improvements to come! You may subscribe via e-mail on our homepage to receive the latest and greatest news and happenings at the Carroll County Housing Authority!

## CCHA MONTHLY HAPPENINGS:

- BINGO (Mest Manor)  
Monday, June 8th & June 22nd  
1:00p.m. (All Tenants Welcome)
- Board Game/Card Club  
Saturday, June 13th  
6:30 p.m.
- Policy Committee Meeting & Regular Board Meeting  
Tuesday, June 16th  
1:30 p.m. & 2:00 p.m.  
(Mest Manor)
- Tenant Meetings as follows:  
Wednesday, June 17th  
10:00am & 3:00pm (Mest Manor)  
Thursday, June 18th  
3:00p.m. (Maple Lane)
- Carroll Apartments  
Quarterly Unit Inspections:  
Thursday, June 18th  
1:00 p.m. (Units #1 - 12)  
Friday, June 26th  
1:00 p.m. (Units #13 - 24)
- Tenant Potluck (Mest Manor)  
Tuesday, June 30th  
5:00 p.m.

**OFFICE CLOSURE:**  
Friday, June 19th  
CCHA Staff Training



## FANCY FRUIT PIZZA RECIPE

### INGREDIENTS

- \* 1 tube (16-1/2 oz.) refrigerated sugar cookie dough
- \* 1 package (8 oz.) cream cheese, softened
- \* 1/3 cup sugar
- \* 1/2 teaspoon vanilla extract
- \* 2 medium firm bananas, sliced
- \* 2 teaspoons lemon juice
- \* 1 can (20 oz.) pineapple chunks, drained
- \* 1 pint fresh strawberries, halved
- \* 2 kiwifruit, peeled and sliced
- \* 1 can (11 oz.) mandarin oranges, drained
- \* 1/3 cup orange marmalade
- \* 1 tablespoon water

### DIRECTIONS

- \* On a greased 14-in. pizza pan, press cookie dough into a 12-in. circle. Bake at 350° for 15-20 minutes or until deep golden brown. Cool completely on a wire rack.
- \* In a small bowl, beat the cream cheese, sugar and vanilla until smooth. Spread over crust. Toss bananas with lemon juice. Arrange the pineapple, strawberries, bananas, kiwi, and oranges over the cream cheese mixture. Refrigerate for 1 hour. Combine marmalade and water; drizzle over fruit. **Yield:** 12 servings.

## SUMMER BEGINS

The solstice heralds the beginning of summer. This year, the summer begins with the solstice on June 21st. The timing of solstice depends on when the sun reaches it farthest point north of the equator.

The summer solstice is the day with most hours of sunlight during the whole year. Following are few ideas to celebrate the solstice and all that extra daylight:

1. Light a bonfire: The solstice day was traditionally celebrated by dancing around the bonfires.
2. Go fishin': We love to get out on the water.
3. Cultivate your garden! Traditionally, to the farmer, the solstice is the midpoint of the growing season.
4. Have a cook-out: There is nothing as tasty as grilled food.
5. Plan a camp-out and enjoy the great outdoors.
6. Listen to songbirds.
7. Get pampered. Midsummer Day, near the solstice, was said to make old people look younger. Walking barefoot in the dew kept skin from getting chapped.
8. Let the light in! With all this extra daylight, hang a beautiful sun catcher on your window.



JUNE BIRTHDAYS

Jacqueline Ross	8
Alana Webb	9
Juulya Rihtar	11
Nancy Nelson	11
Charles O'Neal	17
Jacqueline Smith	23
Emerijk Rihtar	25
Nathan Bonifay	29
Christopher King	30



CARROLL COUNTY HOUSING AUTHORITY

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CCHA Board Members

- Paul Hartman, Chairman
- Peg Haffey, Vice-Chairman
- Shawn Picolotti, Treasurer
- Ruth Kelly, Resident Commissioner
- Connie Zink, Commissioner

CCHA Staff

- Ed Bochniak, Executive Director
- Patty Acree, Administrative Assistant
- Chad O'Neill, Maintenance Lead
- Terry Koser, Maintenance Assistance

Mission Statement

The Housing Authority of the County of Carroll is committed to providing quality, affordable housing that is decent and safe, to eligible families in this community. We endeavor to instill pride and desire for an enhanced quality of life for our residents and their families.

We are committed to serving our residents and this entire community in a manner that demonstrates professional courtesy, respect, and caring.



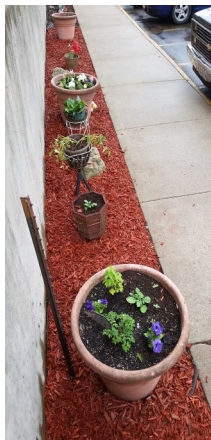
NATIONAL FRESH FRUIT & VEGETABLE MONTH



June is National Fresh Fruit and Vegetable Month. It's a great time to include more fresh vegetables and fruits in our diets. The latest Dietary Guidelines recommend that we all increase our vegetable and fruit intake. Fruits and vegetables provide a variety of nutrients, including vitamins, minerals, and fiber, and they lower your risk of developing certain chronic diseases. They also are naturally low in calories, fat and sodium, which can help you maintain a healthy weight.

**NOTE:** Before eating fresh fruits and vegetables, it is important to remember some basic food safety rules:

- Avoid bruised or damaged produce and keep it separate from raw meat, poultry and seafood.
- Perishable fresh produce, such as lettuce, herbs and mushrooms, and all cut or peeled produce should be stored in the refrigerator at 40° F or below.
- Wash your hands with warm water and soap before and after preparing fruits and vegetables.
- Produce should be washed under running water (do not use soap) before eating, cutting or cooking. Then, cut away any damaged or bruised areas.
- Always wash cutting boards, dishes, utensils and counters between prep of raw meat, poultry or seafood and produce.



The Carroll County Housing Authority would like to extend a heartfelt "THANK YOU" to two of our Mest Manor residents, **ROSELLE SOUTH & FRED DANIEL**, for generously donating their time and green-thumbs in an effort to beautify the garden area at Mest Manor by the ramp at the rear entrance of the building. Your dedication to assisting the CCHA with the curb appeal of Mest Manor for everyone to enjoy is greatly appreciated. Thank you again to the both of you for all of your hard work!!

FATHER'S DAY HUMOROUS STORIES



**LITERALLY!** My father was completely lost in the kitchen and never ate unless someone prepared a meal for him. When Mother was ill, however, he volunteered to go to the supermarket for her. She sent him off with a carefully numbered list of seven items. Dad returned shortly, very proud of himself, and proceeded to unpack the grocery bags. He had one bag of sugar, two dozen eggs, three hams, four boxes of detergent, five boxes of crackers, six eggplants, and seven green peppers.

**THANKS FOR THE SODA, POP!** Before I took the old family car to college, my father loaded the trunk with soft drink bottles filled with oil, coolant and transmission fluid. Sure enough, my car overheated. Scolding myself for not listening to my father's instructions, I looked at the engine and saw how well he knew me. The oil cap was labeled Dr. Pepper, the transmission stick, Coke, and the empty coolant container, Diet Pepsi. I finished the trip safely.

**PATERNAL PAYBACK!** On the day I received my learner's permit, my father agreed to take me out for a driving lesson. With a big grin, he hopped in behind the driver's seat. "Why aren't you sitting up front on the passenger's side?" I asked. "Kirsten, I've been waiting for this ever since you were a little girl," Dad replied. "Now it's my turn to sit back here and kick the seat."