Thanksgiving Day Celebration

All Mest Manor residents are cordially invited to join in on a wonderful Thanksgiving Day Celebration at Mest Manor graciously hosted and sponsored by Christie & Ritchie Atkins.

The morning will kick off with the Macy’s Thanksgiving Day Parade being televised in the Community Room, followed by a fun-filled afternoon to include; a traditional Thanksgiving Feast, NFL Football Games televised in the Community Room, and BINGO held in the Dining Room.

**Menu:** Turkey, Ham, Mashed Potatoes, Sweet Potatoes, Green Bean Casserole, Cranberries, Meat & Cheese Tray, Vegetable Tray, Dinner Rolls, Assorted Pies, and Beverage

**DATE:** Thursday, November 26th

**TIME:** 9:00 a.m. - 5:00 p.m. (Lunch will be served at 1:00 p.m.)

**LOCATION:** Mest Manor (Community Room & Dining Room)

**NOTE:** The Turkey & Ham will be provided by J. C. Carey Motors. However, if you would like to make a donation of any other menu item listed above to offset the Atkin’s cost, please contact Christie Atkins at (815) 590-3394. We hope to see you there!!

**TLC (Thanksgiving Leftover Casserole) Recipe**

Turkey, stuffing and veggies come together into a fabulous day-after casserole.

**INGREDIENTS:**
- * 4 cups seasoned stuffing cubes
- * 4 cups cooked turkey, cubed
- * 2 celery ribs, finely chopped
- * 1 cup frozen peas
- * 1 cup fresh or frozen cranberries
- * 1/2 cup chopped sweet onions
- * 1/4 cup all-purpose flour
- * 4 large eggs
- * 3 cups 2% milk
- * 1 can (8-1/4 oz.) cream-style corn
- * 1/2 teaspoon salt
- * 1/2 teaspoon pepper
- * 2 tablespoons butter
- * 1/3 cup coarsely chopped pecans

**DIRECTIONS:**
- * Preheat oven to 350°. Layer first six ingredients in a greased 13x9-in. baking dish. In a large bowl, whisk flour, eggs and milk until smooth. Add corn, salt and pepper; mix well. Pour over top; let stand 15 minutes. Dot with butter and sprinkle with pecans.
- * Cover and bake 35 minutes. Uncover and bake 30-35 minutes. Yield: 8 servings.

**Daylight Savings Time**

Just a reminder…. Daylight Savings Time will officially end at 2:00 a.m. on Sunday, November 1, 2015. Remember, you will “FALL BACK”, set your clocks back one hour.

**ILLINOIS LOW INCOME HOME ENERGY ASSISTANCE PROGRAM**

The Illinois Low Income Home Energy Assistance Program (LIHEAP) is designed to assist eligible low income households pay for winter energy services. LIHEAP will provide a one-time benefit to eligible households to be used for energy bills.

Effective November 1, 2015, Tri-County Opportunities will be completing LIHEAP applications for the following:

- Elderly (62 or older), Disabled, and Families (with children 5 and under)

For further information, please contact our local Tri-County Opportunities office at (815) 273-2240.

**CCHA Monthly Happenings:**

- BINGO (Mest Manor) Monday, November 9th & 23rd 1:00p.m. (All Tenants Welcome)
- Game/Card Club Saturday, November 14th 6:30 p.m. (Mest Manor)
- Pest Control (All Units) Friday, November 20th 9:00 a.m.
- Regular Board Meeting Tuesday, November 17th 3:15 p.m. (Mest Manor)
- Tenant Meetings: Wednesday, November 18th 10:00 a.m. & 2:30 p.m. (Mest Manor)
- Tenant Potluck (Mest Manor) Thursday, November 19th 2:30 p.m. (Maple Lane)
- Carroll Apartments Quarterly Unit Inspections: Friday, November 20th 12:00 p.m. (Units #1 - 12) Monday, November 23rd 12:00 p.m. (Units #13 - 24)
- Tenant Potluck (Mest Manor) Tuesday, November 24th 5:00p.m. (All Tenants Welcome)

**Office Closure:**

Wednesday, November 11th (Observance of Veterans Day) Thursday, November 26th & Friday, November 27th (Thanksgiving Holiday)
**A Thankful Thanksgiving**

Thanksgiving is traditionally a time that we all gather together with family and friends and enjoy a feast of turkey with the trimmings. Not everyone has the luxury of a close family, or dear friends to spend this holiday with and for some people the thought of Thanksgiving may even be lonely, but fear not, even if you are spending this holiday alone you have plenty of things to be thankful for in your life. Following are a few things to be thankful for this Thanksgiving:

1. **Your Family:** Even if the relationship you have with your family is not good, you should still be thankful that you have them at all. So many people throughout the world have no one at all that relates to their past, their blood, and their lives.

2. **Your Friends:** Friendships are one of the greatest gifts that life has to offer. Friends fill a part of your heart that no one else can. Cherish your true friends, and be thankful that they are a part of your life.

3. **Children:** (your own or others) - Children can teach us so much about living. You need only watch a child’s free-spirit for a moment to see the pure joy they hold inside. Children live in the moment, without much regard for what has happened in the past. They love openly, without restriction, and they take pleasure in everything they do.

4. **Happiness:** Happiness is a state of mind; not a person, place or material thing. This means happiness is a choice. You have the ability to choose it for yourself and create it any way you wish. That is something to be thankful for.

5. **Challenges:** A good challenge makes us strong, teaches us about ourselves, and pushes us to our limits. Challenge is what makes us grow and what moves us forward in life. Be thankful for the challenges you face because they make life more interesting, and they push you in the direction you need to go.

6. **Choices:** Having choices is an exceptional reward, many others in the world are not blessed with this same option. We have the ability to choose anything we want to create in our lives. Our possibilities are endless and our life is only limited by the choices we make. That is an amazing thought, and a remarkable present.

7. **Laughter:** It truly is the best medicine, and something that should be exercised often. Be thankful you have reasons to laugh, people to laugh with, and the ability to do it at all.

8. **Shelter:** A roof over your head is another thing you should be grateful for. It is an obvious one, but we often take for granted that many people throughout the world don’t have this benefit.

9. **Freedom:** We are so blessed to have the freedom we do in the USA, there are so many people who fought long and hard to ensure that freedom for us. This is something we should be forever grateful for.

10. **Community:** The community you live in can be an amazing thing. In times of trouble a strong community bands together. When someone is in need, community is there to provide support. Your neighbors and community are something to be thankful for, when you need them, they will be there.

This Moment—Most of all be thankful for THIS MOMENT RIGHT NOW….There will never be another like , so make it count!

**Upcoming Holiday Shopping Events**

The 2015 Holiday Season is fast approaching. Following are a few local events to provide you an opportunity to get a jump start on your Christmas shopping and support your local communities:

The **Great Route 64/84 Holiday Shop Hop** will be held on November 6, 7, 13, and 14th (Friday & Saturday.) This Shop Hop is sponsored by the cities of Lanark, Mt. Carroll, Savanna, Thomson and Fulton. The Savanna shops that will be participating include: College Street Creations, River Valley Designs, Sassy Stems, and Savanna Marketplace. If you would like any additional information: www.bwcvb.com/shophop

Enjoy touring Savanna’s historic downtown during the **Annual Gingerbread Christmas Walk** from 5:00p.m. - 8:00p.m. on Friday, November 27, 2015.