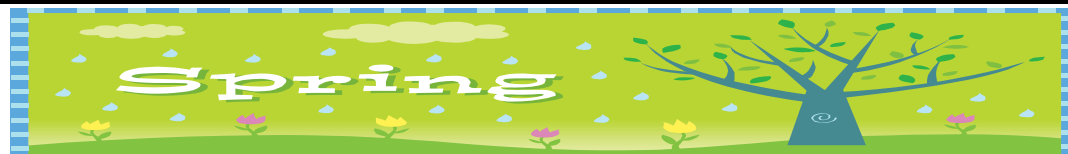




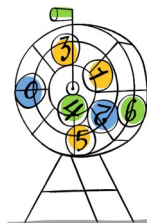
CCHA NEWSLETTER

CARROLL COUNTY HOUSING AUTHORITY

Volume VII, Issue IV
MARCH 2017



TRIAD BINGO DAY



All residents from the surrounding communities within Carroll County are invited to join in on a special **BINGO** Day sponsored by our local **TRIAD**. Refreshments will be served, as well as, different agencies located in Northwestern Illinois will give a presentation on services that their particular agency offers. **TRIAD** will be presenting a program on Fraud and Depression.

DATE: MONDAY, MARCH 13TH

TIME: 1:00 P.M.

LOCATION: MEST MANOR (525 THIRD ST., SAVANNA, IL)

Please plan on attending, as this will be a fun filled time for all.

TRIAD is a collaborative partnership involving law enforcement, fire/medical personnel, county government and public safety, senior service providers, hospitals, senior clubs, and senior residents themselves.



LUCKY LIME SALAD RECIPE

INGREDIENTS

- * 1 package (3 oz.) lime gelatin
- * 1 cup boiling water
- * 1/2 cup cold water
- * 1 package (3 oz.) cream cheese, softened
- * 1/4 teaspoon lemon juice
- * 2 cups whipped topping
- * 1 can (8 oz.) crushed pineapple, drained

SHAMROCKS

- * 1 package (6 oz.) lime gelatin
- * 2-1/2 cups boiling water

DIRECTIONS

* In a small bowl, dissolve gelatin in boiling water; stir in cold water. Chill until slightly thickened. Meanwhile, in a small bowl, beat the cream cheese, lemon juice and whipped topping until smooth; stir into gelatin. Fold in pineapple.

* Pour into a greased 9-in. square dish. Refrigerate until set, about 3 hours.

* For shamrocks, dissolve gelatin in boiling water. Pour into a greased 11-in. x 7-in. pan. Refrigerate until set, about 3 hours.

* Using a 2-in. shamrock-shaped cookie cutter, cut plain gelatin into nine shamrocks. Cut gelatin mixture into nine squares; top each with a gelatin shamrock.

Yield: 9 servings.



DAYLIGHT SAVINGS TIME...

Just a reminder.... set your clocks ahead one hour on **SUNDAY, MARCH 12TH**. Daylight Savings Time is the practice of advancing clocks during the lighter months so that evenings have more apparent daylight and mornings have less.

MEST MANOR COMMUNITY ROOM RENOVATION UPDATE....

The Mest Manor Community Room renovation is tentatively scheduled to be completed by **MARCH 10, 2017**. Watch for information announcing details of our Grand Opening Celebration!

HIDDEN MEANINGS: WHATZIT?

Find the familiar phrase, saying or name in the following arrangement of letters.

1. Pit.
 2. CU LEAP
 3. to ugh
 4. LANG4UAGE
- See the answers below to the above brain teasers. Remember, it is always good to exercise your brain!
1. Pit stop
 2. Look before leap
 3. Tough break
 4. Foreign Language

INSIDE THIS ISSUE:

TRIAD BINGO DAY	1
LUCKY LIME SALAD RECIPE	1
DAYLIGHT SAVINGS TIME	1
MEST MANOR COMM. ROOM RENO UPDATE	1
NATIONAL FROZEN FOOD DAY	2
ST. PATRICK'S DAY FUN FACTS, QUOTE & JOKE	2

"It is spring fever. That's what the name of it is. And when you have got it, you want - oh, you don't know what it is you want, but it just fairly makes your heart ache, you want it so!"

- Mark Twain

CCHA MONTHLY HAPPENINGS:

- Tenant Meetings
Thursday, March 9th
10:00 a.m. & 2:30 p.m.
(Mest Manor Dining Room)
Tuesday, March 14th
2:30 p.m. (Maple Lane)
- Board Game/Card Club
Saturday, March 11th
6:30p.m. (Mest Manor)
All Tenants Welcome
- BINGO (Mest Manor)
Monday, March 13th & 27th
1:00p.m. (All Tenants Welcome)
- Regular Board Meeting
Tuesday, March 21st
2:00 p.m. (Mest Manor)
- Quarterly Unit Inspections:
(Carroll Apartments Only)
Tuesday, March 28th
(Apartments #1 - #12)
Thursday, March 30th
(Apartments #13 - #24)
Beginning at 12:30pm





MARCH BIRTHDAYS

Mildred Wells	4
Lacey Lufkin	6
Michelle Thulion	13
Jordan Adams	14
Laikyn Lawrence	14
Miila O'Neill	17
Anthony Biasi	20
Mark Karsten, Jr.	29



CARROLL COUNTY HOUSING AUTHORITY

525 Third Street
Savanna, IL 61074

Phone: 815-273-7081

Fax: 815-273-4050

E-mail: ccha@grics.net

Website: carrollcountyha.com

CCHA Board Members

Paul Hartman, Chairman

Peg Haffey, Vice-Chairman

Shawn Picolotti, Treasurer

Ruth Kelly, Resident Commissioner

Bill Robinson, Commissioner

CCHA Staff

Ed Bochniak, Executive Director

Patty Acree, Administrative Assistant

Chad O'Neill, Maintenance Lead

Terry Koser, Maintenance Assistant

Mission Statement

The Housing Authority of the County of Carroll is committed to providing quality, affordable housing that is decent and safe, to eligible families in this community. We endeavor to instill pride and desire for an enhanced quality of life for our residents and their families.

We are committed to serving our residents and this entire community in a manner that demonstrates professional courtesy, respect, and caring.



NATIONAL FROZEN FOOD MONTH



Did you know that March is National Frozen Food Month? In addition, March 6 is annually Frozen Food Day.

This year, celebrate frozen foods by learning about and appreciating them. Clarence Birdseye is known as the inventor of frozen foods. He was a pioneer in food preservation and invented a "Quick Freeze Machine." He had been working in the Arctic and saw how natives were able to keep fish fresh by freezing quickly in the elements. He thought about how that process could help preserve other foods like vegetables and fruit, and experimented with that process. Birdseye found how to best freeze foods and introduced frozen foods to the public in 1930.

BENEFITS OF FREEZING YOUR FOODS

Did you know that frozen foods are often much healthier than packaged or newly purchased produce? This is because foods are often frozen immediately after being harvested, meaning they keep their original nutrients. Additionally, foods that have spent the majority of their lives in the freezer remain uncontaminated by outside particles that may affect the quality of your foods. This includes dust, dirt, grime and air.

Frozen foods have definitely made our lives easier, from frozen meals to freezing home grown vegetables and fresh fish. Freezing keeps our foods safe and fresh tasting. There is a wide array of products we can now purchase frozen, from appetizers to desserts.

We can also freeze many things ourselves, not just summer produce. Think about leftovers- do you throw them out? Much money can be saved if we use those foods as, or in, other meals. When you have leftovers from a casserole or meal, freeze them in individual sized containers, label, and date. Just like that, you now have lunches for work or quick meals.

FOOD SAFETY CONCERNS

Although freezing food is convenient and allows the re-use of leftovers, there are some food safety concerns to take into account:

- Keeping your freezer at or below 0 degree will keep food safe.
- Check your freezer thermometer at least weekly to be sure it is cold enough. Always use the oldest foods before newer ones to avoid freezer burn and to keep the quality of your foods high.

ST. PATRICK'S DAY FUN FACTS, QUOTE & JOKE

St. Patrick's Day takes place each year on March 17, the traditional religious feast day of Saint Patrick. There are 34.7 million U.S. residents with Irish ancestry. This number is more than seven times the population of Ireland itself.

ST. PATRICKS DAY CELEBRATION

- Corned beef and cabbage is the traditional St. Patrick's Day dish. In 2009, roughly 26.1 billion pounds of beef and 2.3 billion pounds of cabbage were produced in the United States.
- Irish soda bread gets its name and character from the use of baking soda rather than yeast as a leavening agent.
- Lime green chrysanthemums are often requested for St. Patrick's Day parades and celebrations.

PLACES TO SPEND ST. PATRICKS DAY

- There are seven places in the United States named after the shamrock, the floral emblem of Ireland including Mount Gay-Shamrock, WV; Shamrock, TX; Shamrock Lakes, IN; and Shamrock, OK.
- Other towns with the luck of the Irish include Emerald Isle, NC, and Irishtown, IL.

ST. PATRICKS DAY QUOTE & JOKE

- May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright, happy hours that stay with you all the year long
- How can you tell if an Irishman is having a good time? He's Dublin over with laughter!