



# CCHA NEWSLETTER

CARROLL COUNTY HOUSING AUTHORITY

Volume IX, Issue VI

APRIL 2019



## HOP ON OVER AND JOIN US TO CELEBRATE EASTER LIKE NO BUNNY ELSE....

The Carroll County Housing Authority will be sponsoring an **EASTER EGG HUNT** for the **CARROLL APARTMENTS CHILDREN** (12 years old and younger.) We welcome, and encourage all eligible children to join us for a fun-filled afternoon. This year's event will be held as follows:

**DATE: THURSDAY, APRIL 18, 2019**

**HUNT TO BEGIN PROMPTLY AT: 3:30 P.M.**

**LOCATION: MAPLE LANE COURTYARD** (Between Maple Lane & Primary School)

Following the Easter Egg Hunt, an assortment of refreshments will be served in the Maple Lane Community Room. Our **EASTER EGGSTRAVAGANZA** will include prizes for each of the participants. At the conclusion of the afternoon, all children attending will be eligible to sign up for our **GRAND PRIZE: A EGGCELLENT EASTER BASKET** filled with lots of goodies!

**NOTE: R.S.V.P.** to the CCHA office by **FRIDAY, APRIL 12TH**. P.S. Don't forget your baskets.

### INSIDE THIS ISSUE:

CCHA EASTER EGG HUNT	1
CARROT SHEET CAKE RECIPE	1
CCHA SPRING CLEAN-UP WEEK	1
PHYSICAL WELLNESS MONTH	2
SPRING ANNUAL LUNCHEON	2
TCOC PUBLIC INFORMATION MEETING	2

*"Everything is blooming most recklessly; if it were voices instead of colors, there would be an unbelievable shrieking into the heart of the night."*  
~Rainer Maria Rilke



### CARROT SHEET CAKE RECIPE

This to-die-for carrot cake is delicious, and the aroma while baking...absolutely irresistible!

#### INGREDIENTS

- \* 4 large eggs, room temperature
- \* 1 cup vegetable oil
- \* 2 cups sugar
- \* 2 cups all-purpose flour
- \* 2 teaspoons baking soda
- \* 1/4 teaspoon baking powder
- \* 2 teaspoons ground cinnamon
- \* 1/2 teaspoon salt
- \* 3 cups shredded carrots
- \* 2/3 cups chopped walnuts

#### FROSTING

- \* 1 package (8 oz.) cream cheese, softened
- \* 1/2 cup butter, softened
- \* 1 teaspoon vanilla extract
- \* 4 cups confectioners' sugar
- \* 2/3 cup chopped walnuts

#### DIRECTIONS

- \* In a bowl, beat eggs, oil and sugar until smooth. Combine flour, baking soda, baking powder, cinnamon and salt; add to egg mixture and beat well. Stir in carrots and walnuts. Pour into greased 15x10x1-in. baking pan. Bake at 350° for 35 minutes. Cool on a wire rack. → (Recipe cont'd)

### CARROT SHEET CAKE CONT'D...

- For frosting, beat cream cheese, butter, and vanilla in a bowl until smooth; beat in sugar.
- Spread over cake. Sprinkle with nuts.
- Decorate as desired. **YIELD: 30 servings**

### CCHA SPRING CLEAN-UP WEEK (SCHEDULED: APRIL 22nd - 26th)

- Spring has finally Sprung! Thus, the Carroll County Housing Authority is sponsoring a Spring Clean-up Week. Our staff will pick up, and dispose of any our your unused, or broken household items (furniture, TVs, electrical items, tires, etc.) at **NO CHARGE** to the tenant. Please contact the housing authority office at 815-273-7081 to schedule a date/time to have your items picked up during the above stated week.

### SAVANNA FIRE DEPARTMENT ANNUAL PANCAKE BREAKFAST



Sunday, April 14, 2019  
Savanna Fire Station  
(101 Main St., Savanna, IL)  
7:00 a.m. - 1:00 p.m.

- **MENU INCLUDES:** Pancakes, Sausage, Eggs, Hash Browns, Juice & Coffee

**COST:** \$4.00 Donation (6 and under free)

- \* Proceeds go towards new fire equipment

### CCHA MONTHLY HAPPENINGS:

- **BINGO** (Mest Manor) Monday, April 8th & 22nd 1:00p.m. (All Tenants Welcome)
- **Board Game/Card Club** Saturday, April 13th 6:30p.m. (Mest Manor) All Tenants Welcome
- **Tenant Meetings** Tuesday, April 16th 3:00 p.m. (Maple Lane) Tuesday, April 23rd 3:00 p.m. (Mest Manor)
- **Annual Board Meeting & Regular Board Meeting** Wednesday, April 17th 2:00 p.m. (Maple Lane)
- **Carroll Apts. Unit Inspections** Thursday, April 25th (Units #1 - #12) Friday, April 26th (Units #13 - #24) \* Beginning at 1:30 p.m.





APRIL BIRTHDAYS

Olivia Young	1
Edward Hearne	4
Sharon Mills	6
Rex Bowman	12
Devon Atkins	13
Jonathan Schaefer	13
Maria Karsten	14
John Menke	16
Breanna Schaefer	19
Nancy Emery	20
Brayden Leitzen	22
Jordan Leitzen	24
Ann Lapierre	28



CARROLL COUNTY HOUSING AUTHORITY

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CCHA Board Members

Paul Hartman, Chairman

Peg Haffey, Vice-Chairman

Shawn Picolotti, Treasurer

Ruth Kelly, Resident Commissioner

Bill Robinson, Commissioner

CCHA Staff

Ed Bochniak, Executive Director

Patty Acree, Administrative Assistant

Chad O'Neill, Maintenance Lead

Terry Koser, Maintenance Assistant

Mission Statement

The Housing Authority of the County of Carroll is committed to providing quality, affordable housing that is decent and safe, to eligible families in this community. We endeavor to instill pride and desire for an enhanced quality of life for our residents and their families.

We are committed to serving our residents and this entire community in a manner that demonstrates professional courtesy, respect, and caring.



PHYSICAL WELLNESS MONTH



Tis' the season to kick the couch blues and get back into shape! April is the best time to get your summer body back, and it just so happens to be Physical Wellness Month. So kick those workouts into high gear, but also make sure you are taking the proper care of your body for optimal health and functioning. There is more to physical wellness than just a toned body, overall physical wellness comes from the balance of physical activity, nutrition and mental well-being. As you become conscious of your own physical health, you are able to identify elements you are successful in, as well as becoming aware of what you would like to improve. Obtaining an optimal level of physical well-being lets you nurture personal responsibility for your own health. Here is a list incorporating the elements of wellness with ways you can keep your mind and body in healthy balance:

1. **Social Wellness** - comes from the ability to connect with other people in the world.
2. **Emotional Wellness** - to understand ourselves and cope with challenges that life can bring.
3. **Spiritual Wellness** - ability to establish peace and harmony in our lives.
4. **Environmental Wellness** - recognizing your own responsibility for the quality of the air, water, and land that surrounds you.
5. **Occupational Wellness** - our desire to contribute in our careers to make a positive impact on the organizations we work in and to society as a whole.
6. **Intellectual Wellness** - ability to open our minds to new ideas and experiences that can be applied to personal decisions, group interaction and community betterment.

To achieve **Physical Wellness** is to maintain a healthy quality of life that allows us to get through our day to day activities without fatigue or physical stress. The ability to recognize that our behaviors have significant impact on our wellness is important in order to listen and understand our bodies. If ever you are feeling overwhelmed, take a minute to address what may be the cause and find a positive counteraction to resume a healthy lifestyle.



SPRING ANNUAL LUNCHEON  
COMMUNITY UNITED CHURCH  
(346 CHICAGO AVENUE, SAVANNA, IL)

Everyone is welcome. So bring your family, invite your friends, your fellow neighbors, and join local community members for a fabulous luncheon!

**DATE: SUNDAY, APRIL 7, 2019**

**TIME: 12:00 P.M. (NOON) - 2:30 P.M.**

**MENU: SOUP, SANDWICH, AND DESSERT**



Hope to see you there. Don't forget to mark your calendars!!

TRI-COUNTY OPPORTUNITIES COUNCIL  
PUBLIC INFORMATION MEETING

Join us for an informative meeting open to the general public. Tri-Counties Opportunities Council will be presenting all of their programs; Community Services Block Grant Program (CSBG), foster Grandparent Program, Head Start/Early Head Start Program, Low-Income Home Energy Assistance Program (LIHEAP), and Weatherization Program.

**DATE: MONDAY, APRIL 8, 2019**

**TIME: 7:00 P.M.**

**LOCATION: COMMUNITY HOUSE (101 N. MAIN ST., MT. CARROLL, IL)**

Program Directors will be there to speak about the programs and eligibility, as well as, answer any questions.