



# CCHA NEWSLETTER

CARROLL COUNTY  
HOUSING AUTHORITY

Volume X, Issue VII

MAY 2020



## ANNUAL CCHA SPRING CLEAN-UP WEEK

The Carroll County Housing Authority is once again sponsoring our Spring Clean-up Week on the dates of **MAY 18 - 22, 2020**. As many residents are using time at home during the COVID-19 pandemic to tackle spring cleaning and are looking to get rid of items, our Spring Clean-up Week will offer the perfect opportunity to do so at **NO CHARGE**.

Our staff will pick-up and dispose of any of your unused, or broken household items. Items that will be accepted are as follows: Furniture, TVs, Electrical Items, Tires, etc.

If you are interested in participating in the Clean-up Week, please contact our CCHA office at 815-273-7081 to schedule a date/time for the items to be picked up during the above stated week.

**NOTE:** All items to be disposed of **MUST BE** placed in your cubby and/or patio area for pick-up by our maintenance staff.



### CHOCOLATE CHIP COOKIE DELIGHT RECIPE

This is a simple chocolate delight recipe for any type of potluck occasion, and the pan always comes home empty.

#### INGREDIENTS

- \* 1 tube (16-1/2 ounces) refrigerated chocolate chip cookie dough
- \* 1 package (8 ounces) cream cheese, softened
- \* 1 cup confectioners' sugar
- \* 1 carton (12 ounces) frozen whipped topping, thawed, divided
- \* 3 cups cold 2% milk
- \* 1 package (3.9 ounces) instant chocolate pudding mix
- \* 1 package (3.4 ounces) instant vanilla pudding mix
- Optional: chopped nuts, chocolate curls and miniature semisweet chocolate chips

#### DIRECTIONS

- \* Let cookie dough stand at room temperature for 5-10 minutes to soften. Press into an ungreased 13x9-in. baking pan. Bake at 350° until golden brown, 14-16 minutes. Cool on a wire rack.
- \* In a large bowl, beat cream cheese and confectioners' sugar until smooth. Fold in 1-3/4 cups whipped topping. Spread over crust. → (Recipe continued)

### CHOCOLATE CHIP COOKIE DELIGHT RECIPE CONT'D

- \* In a large bowl, whisk milk and pudding mixes for 2 minutes. Spread over cream layer. Top with remaining whipped topping. Sprinkle with nuts, chocolate curls or chocolate chips if desired.
- \* Cover and refrigerate until firm, 8 hours or overnight. **YIELD:** 15 servings.

### IF DR. SUESS COULD WRITE ABOUT COVID-19:

- The buildings were big, and people would smile. Travel they would, Mile by mile. But sick they become & numbers, it grew. Businesses worried, communities too. Things stop for a bit, the world slowed its roll. The virus had certainly taken its toll. What they then saw, from slowing things down, They had less reasons to frown. Families now gathered, "What games shall we play?" "Pass me the blue crayon, Give mummy the grey."
- "Daddy is home guys! He'll read us a book." Then all of us together will cook. Lungs of the planet, caught a small break. Less travel meant less pollution to make. People did realize they'd all be ok. They don't need so much to get through the day. Maybe this virus that caused so much stress, Showed the whole world that more can mean less.

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Being a full-time mother is one of the highest salaried jobs... since the payment is pure love.  
Mildred B. Vermont



## CCHA MONTHLY HAPPENINGS:

- Pest Control  
Friday, May 15th (8:30 a.m.)  
(Carroll Apartments Units)
- Carroll Apts. Unit Inspections  
Thursday, May 21st  
(Units #1 - #12)  
Friday, May 22nd  
(Units #13 - #24)  
\* Beginning at 11:00 a.m.
- Regular Board Meeting  
Wednesday, May 27th  
2:00 p.m.  
(Via Telephone Conference)
- Mest Manor Unit Inspections  
Thursday, May 28th  
(3rd & 4th Floor)  
Friday, May 29th  
(1st & 2nd Floor)  
\* Beginning at 11:00 a.m.

## OFFICE CLOSURE:

MEMORIAL DAY  
Monday, May 25th



"A hero is someone who has given his or her life to something bigger than oneself."  
~Joseph Campbell

**MAY BIRTHDAYS**

Marijan Rihtar	1
Angelique Crutchley	4
Anna Hubble	6
Leroy Clayton	9
Barbara Bringle	14
Edward King	16
Vernon Taylor	16
Carol Ingersoll	18
Samantha Eppenstein	19
Juulyn Rihtar	21
Maison Rihtar	21
Ernst Schaefer	23
Aiden Letcher	26
Daniel Lopez	27

**CARROLL COUNTY HOUSING AUTHORITY**

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**CCHA Board Members**

Paul Hartman, Chairman  
Peg Haffey, Vice-Chairman  
Shawn Picolotti, Treasurer  
Charles O'Neal, Resident Commissioner  
Bill Robinson, Commissioner

**CCHA Staff**

Ed Bochniak, Executive Director  
Patty Acree, Administrative Assistant  
Butch Mobley, Maintenance Lead  
Chad O'Neill, Maintenance Assistant  
Tom Robinson, Custodian

**Mission Statement**

The Housing Authority of the County of Carroll is committed to providing quality, affordable housing that is decent and safe, to eligible families in this community. We endeavor to instill pride and desire for an enhanced quality of life for our residents and their families.

We are committed to serving our residents and this entire community in a manner that demonstrates professional courtesy, respect, and caring.

**MENTAL HEALTH WELLNESS TIPS FOR QUARANTINE**

1. Stick to a routine. Go to sleep and wake up at a reasonable time, write a schedule that includes time for work as well as self-care.
2. Dress for the social life you want, not the social life you have. Get showered and dressed in comfortable clothes, wash your face, brush your teeth. Put on some bright colors. It is amazing how your dress can impact your mood.
3. Get out at least once a day, for at least thirty minutes. If you are concerned about contact, try first thing in the morning, or later in the evening. If you are high risk or living with those who are high risk, open the windows and blast the fan. It is astonishing how much fresh air can do for spirits.
4. Reach out to others. Try to do FaceTime, Skype, phone calls, texting – connect with other people to seek and provide support. Don't forget to do this for children as well. Set up virtual playdates with friends via daily FaceTime, Facebook Messenger Kids, Zoom, etc.— your kids miss their friends too!
5. Stay hydrated and eat well. This one may seem obvious, but stress and eating often don't mix well, and we find ourselves over-indulging, forgetting to eat, and avoiding food. Drink plenty of water, eat some good and nutritious foods, and challenge yourself to learn how to cook something new.
6. Give everyone the benefit of the doubt. A lot of cooped up time can bring out the worst in everyone. Each person will have moments when they will not be at their best. It is important to move with grace through blowups, to not show up to every argument you are invited to, and to not hold grudges and continue disagreements. Everyone is doing the best they can to make it through this.
7. Remember, it might not be today, tomorrow or the next day, but everything is going to be ok!

**EASTER BASKET DELIVERY PICTURES**

We celebrated Easter for our Carroll Apartments children with an **EASTER BASKET DELIVERY** on Thursday, April 9, 2020. Following are a few photos:

